

## ***Chepstow Harriers' Club Championship 2009***

**Month**    January  
**Race**     Weston Prom 5  
**Distance** 5 miles  
**Category** Road

### **Men's Championship**

<i>Pos</i>	<i>Name</i>	<i>Time</i>	<i>Age %</i>	<i>Place Pts</i>	<i>Age Pts</i>	<i>Total Pts</i>
1	Ivan Teed	00:28:56	74.09%	40	78	<b>118</b>
3	Stuart Penny	00:29:29	80.15%	38	80	<b>118</b>
2	Mark Harvey	00:29:18	73.10%	39	74	<b>113</b>
4	Steve Caldwell	00:30:27	72.51%	35	72	<b>107</b>
7	Paul Lidgett	00:31:36	72.51%	34	72	<b>106</b>
6	James Bloor	00:30:12	72.16%	37	68	<b>105</b>
15	Syd Wheeler	00:40:11	73.43%	26	76	<b>102</b>
5	Steve Harris	00:30:16	70.82%	36	60	<b>96</b>
11	Neil Grant	00:35:53	72.03%	30	66	<b>96</b>
13	Dick Finch	00:38:29	71.43%	28	64	<b>92</b>
8	John Wright	00:32:10	69.66%	33	58	<b>91</b>
12	Bill Savage	00:36:30	71.42%	29	62	<b>91</b>
9	Andy Ost	00:35:17	60.75%	32	54	<b>86</b>
10	Leo Cohen	00:35:45	60.64%	31	52	<b>83</b>
17	Rob Brown	00:42:22	62.07%	24	56	<b>80</b>
14	Colin Prosser	00:39:17	59.68%	27	50	<b>77</b>
16	Andy George	00:40:57	57.25%	25	48	<b>73</b>
18	Phil Scriven	00:45:46	50.07%	23	46	<b>69</b>

### **Ladies' Championship**

<i>Pos</i>	<i>Name</i>	<i>Time</i>	<i>Age %</i>	<i>Place Pts</i>	<i>Age Pts</i>	<i>Total Pts</i>
1	Sam Harris	00:33:42	71.81%	40	76	<b>116</b>
7	Brenda Avery	00:38:11	80.48%	34	80	<b>114</b>
2	Marianne Gittoes	00:33:53	71.44%	39	74	<b>113</b>
6	Gill Stott	00:37:53	73.95%	35	78	<b>113</b>
3	Sian Griffith	00:36:51	66.15%	38	70	<b>108</b>
5	Niki Morgan	00:37:16	67.73%	36	72	<b>108</b>
4	Ester Barrett	00:37:06	65.91%	37	68	<b>105</b>