

Chepstow Harriers' Club Championship 2009

Month January
Race Weston Prom 5
Distance 5 miles
Category Road

Men's Championship

<i>Pos</i>	<i>Name</i>	<i>Time</i>	<i>Age %</i>	<i>Place Pts</i>	<i>Age Pts</i>	<i>Total Pts</i>
1	Ivan Teed	00:28:56	74.09%	40	78	118
3	Stuart Penny	00:29:29	80.15%	38	80	118
2	Mark Harvey	00:29:18	73.10%	39	74	113
4	Steve Caldwell	00:30:27	72.51%	35	72	107
7	Paul Lidgett	00:31:36	72.51%	34	72	106
6	James Bloor	00:30:12	72.16%	37	68	105
15	Syd Wheeler	00:40:11	73.43%	26	76	102
5	Steve Harris	00:30:16	70.82%	36	60	96
11	Neil Grant	00:35:53	72.03%	30	66	96
13	Dick Finch	00:38:29	71.43%	28	64	92
8	John Wright	00:32:10	69.66%	33	58	91
12	Bill Savage	00:36:30	71.42%	29	62	91
9	Andy Ost	00:35:17	60.75%	32	54	86
10	Leo Cohen	00:35:45	60.64%	31	52	83
17	Rob Brown	00:42:22	62.07%	24	56	80
14	Colin Prosser	00:39:17	59.68%	27	50	77
16	Andy George	00:40:57	57.25%	25	48	73
18	Phil Scriven	00:45:46	50.07%	23	46	69

Ladies' Championship

<i>Pos</i>	<i>Name</i>	<i>Time</i>	<i>Age %</i>	<i>Place Pts</i>	<i>Age Pts</i>	<i>Total Pts</i>
1	Sam Harris	00:33:42	71.81%	40	76	116
7	Brenda Avery	00:38:11	80.48%	34	80	114
2	Marianne Gittoes	00:33:53	71.44%	39	74	113
6	Gill Stott	00:37:53	73.95%	35	78	113
3	Sian Griffith	00:36:51	66.15%	38	70	108
5	Niki Morgan	00:37:16	67.73%	36	72	108
4	Ester Barrett	00:37:06	65.91%	37	68	105