

Chepstow Harriers' Club Championship 2009

Month March
Race Cardiac Arrest
Distance 9miles
Category MT

Men's Championship

<i>Pos</i>	<i>Name</i>	<i>Time</i>	<i>Age %</i>	<i>Place Pts</i>	<i>Age Pts</i>	<i>Total Pts</i>
1	James Blore	00:48:08	84.17%	39	80	119
2	Mark Harvey	00:48:02	82.88%	40	78	118
3	Bill Savage	01:00:47	79.48%	36	76	112
4	Andy Creber	00:58:11	78.18%	37	74	111
5	Steve Harris	00:50:49	78.14%	38	72	110
6	Rob Brown	01:15:47	64.32%	34	70	104
7	Colin Prosser	01:10:38	61.32%	35	68	103
8	Dave Andrews	01:29:17	55.59%	33	66	99

Ladies' Championship

<i>Pos</i>	<i>Name</i>	<i>Time</i>	<i>Age %</i>	<i>Place Pts</i>	<i>Age Pts</i>	<i>Total Pts</i>
1	Niki Morgan	01:02:52	73.92%	40	80	120
2	Lou Summers	01:08:26	67.91%	39	78	117