

## ***Chepstow Harriers' Club Championship 2009***

**Month**     October  
**Race**       Gwent League XC  
**Distance**   10K  
**Category**   MT

### **Men's Championship**

<i>Pos</i>	<i>Name</i>	<i>Time</i>	<i>Age %</i>	<i>Place Pts</i>	<i>Age Pts</i>	<i>Total Pts</i>
1	Stuart Penny	00:36:52	79.12%	40	80	<b>120</b>
8	Rich Matthews	00:38:09	69.20%	39	76	<b>115</b>
2	Laurie Carter	00:41:48	72.02%	33	78	<b>111</b>
13	Matt Leathard	00:39:10	67.76%	38	70	<b>108</b>
7	Paul Lidgett	00:41:42	67.83%	34	72	<b>106</b>
3	Ivan Teed	00:39:34	66.88%	37	68	<b>105</b>
4	Mark Harvey	00:40:00	66.09%	36	66	<b>102</b>
5	Dick Finch	00:49:34	68.45%	28	74	<b>102</b>
6	Steve Harris	00:40:15	65.74%	35	64	<b>99</b>
9	John Wright	00:42:48	64.62%	32	62	<b>94</b>
14	John Thomas	00:48:12	60.04%	31	58	<b>89</b>
10	Syd Wheeler	00:59:17	61.44%	27	60	<b>87</b>
11	Rob Summers	00:48:35	58.66%	30	56	<b>86</b>
12	Steve Horler	00:49:17	56.54%	29	54	<b>83</b>

### **Ladies' Championship**

<i>Pos</i>	<i>Name</i>	<i>Time</i>	<i>Age %</i>	<i>Place Pts</i>	<i>Age Pts</i>	<i>Total Pts</i>
	Marianne Gittoes	00:26:40	78.71%	40	78	<b>118</b>
	Sue Ashton	00:31:06	82.26%	36	80	<b>116</b>
	Becky Merriman	00:28:32	74.91%	39	74	<b>113</b>
	Lou Summers	00:30:03	72.83%	38	72	<b>110</b>
	Brenda Avery	00:34:31	77.19%	34	76	<b>110</b>
	Vanessa Lawson	00:30:14	70.70%	37	70	<b>107</b>