

Position	Runner	Finish Time	Actual Time	Position	Name	Time
1	Phil Scriven	44.02	43.02	1	Calum Cheshire	29.32
2	Mike Smith	44.49	36.19	2	Martin Pengilly	29.40
3	Andrew Marriman	45.50	39.50	3	Mark Harvey	30.58
4	Andy George	46.04	45.04	4	Andy Ost	33.02
5	Nick Holt	46.18	40.48	5	Liz Francis	33.06
6	John Phillips	48.31	46.01	6	Kath Matthews	33.07
7	Chris Rees	48.32	34.32	7	Ed Green	33.17
8	Dave Andrews	48.40	42.10	8	Chris Rees	34.32
9	Leo Cohen	48.50	41.20	9	Mally Reeks	34.54
10	Mally Reeks	48.54	34.54	10	Nick Battersby	35.20
11	Mark Harvey	48.58	30.58	11	Kevin McEntee	35.34
12	Andy Ost	49.02	33.02	12	Helen Duffield	35.42
13	Kevin McEntee	49.04	35.34	13	Mike Smith	36.19
14	Helen Duffield	49.12	35.42	14	Bill Savage	36.23
15	Liz Francis	49.36	33.06	15	Gareth Lewis	36.24
16	Gill Ellis	49.36	47.06	16	Paul Christie	36.51
17	Ed Green	49.47	33.17	17	Neil Grant	37.07
18	Calum Cheshire	50.02	29.32	18	Derek Gibbons	37.48
19	Martin Pengilly	50.10	29.40	19	Andy Meek-Welsh	37.57
20	Derek Gibbons	50.18	37.48	20	Jan Morris	39.00
21	Syd Wheeler	50.21	41.21	21	Andrew Marriman	39.50
22	Steve Hill	50.42	40.42	22	Jane Green	39.59
23	Sue Ost	50.46	44.46	23	Steve Hill	40.42
24	Elis Battersby	50.51	44.51	24	Nick Holt	40.48
25	Kath Matthews	51.07	33.07	25	Leo Cohen	41.20
26	Andy Meek-Welsh	51.27	37.57	26	Syd Wheeler	41.21
27	Jan Morris	51.30	39.00	27	Dave Andrews	42.10
28	Nick Battersby	51.50	35.20	28	Phil Scriven	43.02
29	Gareth Lewis	52.24	36.24	29	Sue Ost	44.46
30	Jane Green	52.29	39.59	30	Elis Battersby	44.51
31	Neil Grant	52.37	37.07	31	Andy George	45.04
32	Jeanine Allen	52.59	50.29	32	John Phillips	46.01
33	Paul Christie	53.51	36.51	33	Gill Ellis	47.06
34	Roberta Havers	54.16	48.16	34	Roberta Havers	48.16
35	Bill Savage	54.23	36.23	35	Jeanine Allen	50.29