

Under 11 Girls Points									Under 11 Boys Points								
Events	Rhw	Chw	Her	Npt	Cdf	Abd	Cwm	Rho	Events	Rhw	Chw	Her	Npt	Cdf	Abd	Cwm	Rho
U11G 75M 1	16		4	12	14	10		6	U11B 75m A		10	14	16			12	
U11G 75M 2			7	8					U11B 75m B			7	8				
U11G 150m A									U11B 150m A	4	12	10	16	14	6	8	
U11G 150m B									U11B 150m B		5	6	8	7			
U11G 800m A		10	14	16		12			U11B 800m A		10	14	16		12		
U11G 800m B			6	8					U11B 800m B			7	8				
U11G 4 x 100m Relay			14	16					U11B 4 x 100m Relay			16					
U11G Long Jump A			14	16	12				U11B Long Jump A		10	14	16	12	8		
U11G Long Jump B			7	8					U11B Long Jump B		6	7	5	8			
U11G Shot A			12	14	10		16		U11B Shot A			16	14				
U11G Shot B			7	8					U11B Shot B			8					
U11G Javelin A		10	14	12	8		16		U11B Javelin A			16	12	14			
U11G Javelin B			7	8					U11B Javelin B				7	8			
Total	16	20	106	126	44	22	32	6	Total	4	53	135	126	63	26	20	

Under 13 Girls Points									Under 13 Boys Points								
Events	Rhw	Chw	Her	Npt	Cdf	Abd	Cwm	Rho	Events	Rhw	Chw	Her	Npt	Cdf	Abd	Cwm	Rho
U13G 100m A				16	12	14	10		U13B 100m A		4	6	14	12	10	16	
U13G 100m B					8	7			U13B 100m B		3	5	8	7	4	6	
U13G 200m A			8	16	10	12	14		U13B 200m A	8	2	6	4	12	14	16	
U13G 200m B				8	7	6			U13B 200m B		5	7		6		8	
U13G 800m A			12	16	14				U13B 800m A	6		8	16	12	10	14	
U13G 800m B			7	8	6				U13B 800m B				8	5	6	7	
U13G 1500m A			12		16	14			U13B 1500m A					16			
U13G 1500m B									U13B 1500m B					8			
U13G 1K Walk									U13B 1K Walk								
U13G 70m Hdl A					16	14	12		U13B 75m Hdl A		14		16	12	8	10	
U13G 70m Hdl B					8				U13B 75m Hdl B								
4 x 100m Relay									4 x 100m Relay			10	16	12	8	14	
U13G High Jump A					16				U13B High Jump A			10	16	14		12	
U13G High Jump B					8				U13B High Jump B				8	7			
U13G Long Jump A			8	14	10	16	12		U13B Long Jump A		8	14	16	10	12	6	
U13G Long Jump B				8	6	7			U13B Long Jump B		6	8		7	4	5	
U13G Shot A			14		16				U13B Shot A			12	8	10	16	14	
U13G Shot B			7		8				U13B Shot B			8	6	7		5	
U13G Discus A			14		10	12	16		U13B Discus A			14	16	10		12	
U13G Discus B		7			8				U13B Discus B				8				
U13G Javelin A			14	12	10		16		U13B Javelin A			8	16	12	14	10	
U13G Javelin B			7		8				U13B Javelin B				8	7	5	6	
Total	7	103	98	197	88	94			Total	14	42	116	184	186	111	161	

Under 15 Girls Points									Under 15 Boys Points								
Events	Rhw	Chw	Her	Npt	Cdf	Abd	Cwm	Rho	Events	Rhw	Chw	Her	Npt	Cdf	Abd	Cwm	Rho
U15G 100m A		12				10	14		U15B 100m A				12	14	10	16	
U15G 100m B					8				U15B 100m B			7		8			
U15G 200m A									U15B 200m A								
U15G 200m B									U15B 200m B								
U15G 300m A			14	16	12				U15B 400m A				14	16		12	
U15G 300m B					8				U15B 400m B								
U15G 800m A			14		10	8	12		U15B 800m A		6	12	16	10	8	14	
U15G 800m B			7		8				U15B 800m B				8				
U15G 1500m A					16				U15B 1500m A								
U15G 1500m B					8				U15B 1500m B								
U15G 1K Walk									U15B 1K Walk								
U15G 75m Hdl A		14			16		12		U15B 80m Hdl A			14		16			
U15G 75m Hdl B					8				U15B 80m Hdl B			7		8			
U15G 4x100m Relay									U15B 4x100m Relay								
U15G High Jump A			10	14	16		12		U15B High Jump A		12			14		16	
U15G High Jump B					8				U15B High Jump B					8			
U15G Pole Vault A									U15B Pole Vault A								
U15G Pole Vault B									U15B Pole Vault B								
U15G Long Jump A		14	10	16	12	6	8		U15B Long Jump A		10	12	14	16			
U15G Long Jump B		8			7				U15B Long Jump B		6	7	5	8			
U15G Shot A		10	12	16	14				U15B Shot A			16	10	12		14	
U15G Shot B		5	7	6	8				U15B Shot B					7		8	
U15G Discus A			16	14	12				U15B Discus A		8	16	10	12		14	
U15G Discus B			7	8					U15B Discus B		7	6		8			
U15G Hammer A			16		14				U15B Hammer A			16	14	12			
U15G Hammer B			8						U15B Hammer B								
U15G Javelin A			16	14	12				U15B Javelin A				12	14		16	
U15G Javelin B			8		7				U15B Javelin B				7		8		
Total	63	145	104	204	24	46	12		Total	49	132	103	191	18	110		

Overall Points	Rhw	Chw	Her	Npt	Cdf	Abd	Cwm	Rho
U11 GIRLS	16	20	106	126	44	22	32	6
U13 GIRLS	7	103	98	197	88	94		
U15 GIRLS	63	145	104	204	24	46	12	
M3 GIRLS	16	90	354	328	445	134	172	18
M2 GIRLS	16	162	357	380	478	243	261	66
M1 GIRLS	22	118	356	464	443	127	328	80

U11 BOYS	Rhw	Chw	Her	Npt	Cdf	Abd	Cwm	Rho
U11 BOYS	4	53	135	126	63	26	20	
U13 BOYS	14	42	116	184	186	111	161	
U15 BOYS	49	132	103	191	18	110		
M3 BOYS	18	144	383	413	440	155	291	
M2 BOYS	69	295	275	370	444	250	329	66
M1 BOYS	22	183	384	490	344	194	185	46

	Rhw	Chw	Her	Npt	Cdf	Abd	Cwm	Rho
COMBINED M3	34	234	737	741	885	289	463	18
	2	3	6	7	8	4	5	1
COMBINED M2	85	457	632	750	922	493	590	132
	1	3	6	7	8	4	5	2
COMBINED M1	44	301	740	954	787	321	513	126
	1	3	6	8	7	4	5	2
COMBINED 1 & 2 & 3	163	992	2109	2445	2594	1103	1566	276

after 3 matches	
SATURDAY 22ND AUGUST - NEATH	
PLATE FINAL 1	CWMBRAN
PLATE FINAL 2	ABERDARE
PLATE FINAL 3	CHEPSTOW
SUNDAY 23RD AUGUST - BRECON	
CUP FINAL 1	CARDIFF
CUP FINAL 2	NEWPORT
CUP FINAL 3	HEREFORD