

LCL ROAD RACE SERIES 2009 ; RACE 2/5 ; GRIFFITHSTOWN 26th MAY 2009

RACE RESULT :

Race position	Number	NAME	Club	Category	Gender	Gender position	Category position
1	521	Laurence HUMPHRIES	Fairwater	M1839	MEN	1	1
2	514	Christopher MORGAN,	Fairwater	M4044	MEN	2	1
3	338	Chris HARRY,	Lliswerry	M4044	MEN	3	2
4	194	Mark HARVEY,	Chepstow	M1839	MEN	4	2
5	207	Simon LEWIS,	Parc Bryn Bach	M4044	MEN	5	3
6	673	Stefan SIMMS	Griffithstown	M4044	MEN	6	4
7	348	Lee SMITH,	Lliswerry	M4044	MEN	7	5
8	706	Mike DURY,	Islwyn	M1839	MEN	8	3
9	304	Dave HARRIS,	Lliswerry	M4044	MEN	9	6
10	522	Grant LEWIS	Fairwater	M1839	MEN	10	4
11	657	Steve DAVIES	Griffithstown	M5054	MEN	11	1
12	528	Mark JENNINGS	Fairwater	M1839	MEN	12	5
13	791	Mark SAUNDERS	Islwyn	M5054	MEN	13	2
14	799	Haydn HARTNELL	Islwyn	M4549	MEN	14	1
15	678	Dimitri VORRÉS	Griffithstown	M4549	MEN	15	2
16	549	James VERNALL	Fairwater	M1839	MEN	16	6
17	241	Nigel LAWRENCE	Parc Bryn Bach	M4044	MEN	17	7
18	540	Alun WILLIAMS,	Fairwater	M4549	MEN	18	3
19	221	David FROST	Parc Bryn Bach	M4044	MEN	19	8
20	659	Gerard GORMLEY	Griffithstown	M4044	MEN	20	9
21	363	Joseph BUTCHER	Lliswerry	M1839	MEN	21	7
22	504	Pete EDWARDS	Fairwater	M1839	MEN	22	8
23	218	COLIN REES,	Parc Bryn Bach	M4549	MEN	23	4
24	361	Gareth HALL	Lliswerry	M1839	MEN	24	9
25	189	Marianne GITTOES	Chepstow	F1834	LADIES	1	1
26	143	Luke MALARZ,	Chepstow	M1839	MEN	25	10
27	358	Steve PEMBERTON	Lliswerry	M1839	MEN	26	11
28	350	Christopher JONES,	Lliswerry	M4549	MEN	27	5
29	671	Peter RODGER	Griffithstown	M5054	MEN	28	3
30	190	Edwin GREEN,	Chepstow	M4044	MEN	29	10
31	676	Andrew THOMPSON	Griffithstown	M5054	MEN	30	4
32	509	Richard LLOYD,	Fairwater	M1839	MEN	31	12
33	230	Martin CHAMMINGS	Parc Bryn Bach	M1839	MEN	32	13
34	65	Mike THURGOOD	Caerleon	M4044	MEN	33	11
35	179	Mark ENGLISH,	Chepstow	M4044	MEN	34	12
36	362	Toby JONES	Lliswerry	M1839	MEN	35	14
37	172	David SOMERSALL,	Chepstow	M1839	MEN	36	15
38	37	Peter THOMAS	Caerleon	M4549	MEN	37	6
39	661	Thomas GUY	Griffithstown	M1839	MEN	38	16
40	544	Dean MALSON,	Fairwater	M4044	MEN	39	13
41	111	Paul LIDGETT	Chepstow	M4044	MEN	40	14
42	689	Matt WELSH	Griffithstown	M1839	MEN	41	17
43	317	Paul DAY,	Lliswerry	M5559	MEN	42	1
44	744	Robert DAVIES,	Islwyn	M1839	MEN	43	18
45	191	Andy OST,	Chepstow	M1839	MEN	44	19

LCL ROAD RACE SERIES 2009 ; RACE 2/5 ; GRIFFITHSTOWN 26th MAY 2009

Race position	Number	NAME	Club	Category	Gender	Gender position	Category position
46	679	Nick WALSH	Griffithstown	M1839	MEN	45	20
47	541	John WILLIAMS,	Fairwater	M4044	MEN	46	15
48	759	Ade WHITE,	Islwyn	M4044	MEN	47	16
49	724	Kim WEHDEN	Islwyn	M4549	MEN	48	7
50	366	Christopher RYAN	Llswerry	M4044	MEN	49	17
51	700	Simon FOSTER,	Islwyn	M4549	MEN	50	8
52	185	Helen DUFFIELD,	Chepstow	F3539	LADIES	2	1
53	2	Howard MASON,	Caerleon	M4044	MEN	51	18
54	154	Chris REES,	Chepstow	M4549	MEN	52	9
55	524	Richard THOMAS	Fairwater	M1839	MEN	53	21
56	510	Mike David WILLIAMS,	Fairwater	M1839	MEN	54	22
57	238	David SMOUT	Parc Bryn Bach	M5559	MEN	55	2
58	315	Paul DURSLEY,	Llswerry	M5559	MEN	56	3
59	310	Andrew LOTT	Llswerry	M4549	MEN	57	10
60	743	Michael BUNSTON,	Islwyn	M4044	MEN	58	19
61	757	Jim DOBBS,	Islwyn	M5559	MEN	59	4
62	318	Tim REESE,	Llswerry	M4549	MEN	60	11
63	527	Roger MILLS	Fairwater	M1839	MEN	61	23
64	500	Paul ANSTICE,	Fairwater	M5054	MEN	62	5
65	663	Peter WELBIRG	Griffithstown	M5559	MEN	63	5
66	83	Jonathon LEE	Caerleon	M4044	MEN	64	20
67	526	Laurence COX	Fairwater	M1839	MEN	65	24
68	508	Mark FRY,	Fairwater	M4549	MEN	66	12
69	305	Sandra CHIPPER,	Llswerry	F3539	LADIES	3	2
70	552	Deb COCKRAM	Fairwater	F4549	LADIES	4	1
71	198	Kevin MCENTEE,	Chepstow	M5054	MEN	67	6
72	23	Sean DAVEY	Caerleon	M1839	MEN	68	25
73	232	Tom RUSSELL,	Parc Bryn Bach	M1839	MEN	69	26
74	418	Louise SUMMERS	Chepstow	F4044	LADIES	5	1
75	129	Jan MORRIS,	Chepstow	F4044	LADIES	6	2
76	688	Mark SUTTON	Griffithstown	M4549	MEN	70	13
77	162	Gill STOTT	Chepstow	F5054	LADIES	7	1
78	158	Bill SAVAGE,	Chepstow	M5559	MEN	71	6
79	635	Helena PIMM	Griffithstown	F1834	LADIES	8	2
80	654	Peter CLIFFORD	Griffithstown	M6099	MEN	72	1
81	432	Becky COMINS	Chepstow	F3539	LADIES	9	3
82	200	Clive COOKSEY,	Parc Bryn Bach	M6099	MEN	73	2
83	124	Niki MORGAN,	Chepstow	F4044	LADIES	10	3
84	242	Ian COX	Parc Bryn Bach	M5559	MEN	74	7
85	102	Sue ASHTON,	Chepstow	F5559	LADIES	11	1
86	525	Richard BOWIE	Fairwater	M4549	MEN	75	14
87	641	Jane LEWIS	Griffithstown	F4044	LADIES	12	4
88	513	Michael SKYRME	Fairwater	M1839	MEN	76	27
89	675	Peter ROBERTS	Griffithstown	M5054	MEN	77	7
90	339	Clive CARTER	Llswerry	M5054	MEN	78	8

LCL ROAD RACE SERIES 2009 ; RACE 2/5 ; GRIFFITHSTOWN 26th MAY 2009

Race position	Number	NAME	Club	Category	Gender	Gender position	Category position
91	119	Dick FINCH,	Chepstow	M6099	MEN	79	3
92	616	Caroline SPANTON	Griffithstown	F1834	LADIES	13	3
93	113	Colin PROSSER,	Chepstow	M4549	MEN	80	15
94	84	Gareth SHERRINGTON	Caerleon	M1839	MEN	81	28
95	134	Brenda AVERY	Chepstow	F5559	LADIES	14	2
96	344	Peta DANIELS,	Lliswerry	F4044	LADIES	15	5
97	105	Geoff BAYLISS,	Chepstow	M6099	MEN	82	4
98	766	Maria WILLIAMS,	Islwyn	F3539	LADIES	16	4
99	709	Roger FAWKES,	Islwyn	M5559	MEN	83	8
100	674	Christopher SIMMS	Griffithstown	M6099	MEN	84	5
101	655	Malcolm COX	Griffithstown	M5559	MEN	85	9
102	433	Chris O'DRISCOLL	Chepstow	M1839	MEN	86	29
103	612	Janet RICHARDS	Griffithstown	F4044	LADIES	17	6
104	6	Suzanne CARPENTER,	Caerleon	F4549	LADIES	18	2
105	20	Kim HOWELL,	Caerleon	F5054	LADIES	19	2
106	727	Stephen JAMES,	Islwyn	M1839	MEN	87	30
107	3	Deb WILLIAMS	Caerleon	F4044	LADIES	20	7
108	336	Bryn BURGESS	Lliswerry	M5054	MEN	88	9
109	613	Leonie ROBERTS	Griffithstown	F1834	LADIES	21	4
110	728	Blair LUNDIE,	Islwyn	M5559	MEN	89	10
111	515	Jeanette JENKINS,	Fairwater	F4549	LADIES	22	3
112	17	Micheal POWELL,	Caerleon	M5559	MEN	90	11
113	795	Shona DOUGLAS	Islwyn	F1834	LADIES	23	5
114	777	Colin DIXON	Islwyn	M5559	MEN	91	12
115	101	Gerry ASHTON,	Chepstow	M5559	MEN	92	13
116	502	Julie ROCHE,	Fairwater	F4044	LADIES	24	8
117	73	Mike DAVIES	Caerleon	M4549	MEN	93	16
118	734	Ruth TREHARNE	Islwyn	F4044	LADIES	25	9
119	742	Donna MATTHEWS	Islwyn	F4549	LADIES	26	4
120	58	Joanne PEACOCK	Caerleon	F4044	LADIES	27	10
121	239	Catherine CHAMMINGS	Parc Bryn Bach	F1834	LADIES	28	6
122	213	Bernie MONK,	Parc Bryn Bach	M6099	MEN	94	6
123	621	Rachael LONG	Griffithstown	F3539	LADIES	29	5
124	126	Geoff CRAM,	Chepstow	M6099	MEN	95	7
125	212	Margaret MONK,	Parc Bryn Bach	F5559	LADIES	30	3
126	51	Helen THOMAS	Caerleon	F4549	LADIES	31	5
127	184	Andy GEORGE	Chepstow	M4549	MEN	96	17
128	329	Howard ATTWOOD,	Lliswerry	M5559	MEN	97	14
129	628	Claire WATKINS	Griffithstown	F1834	LADIES	32	7
130	324	John HILL,	Lliswerry	M5559	MEN	98	15
131	662	Barrie DESMOND	Griffithstown	M4549	MEN	99	18
132	729	Jackie JONES,	Islwyn	F3539	LADIES	33	6
133	740	Coleene BIRCH,	Islwyn	F3539	LADIES	34	7
134	713	Glyn HICKS,	Islwyn	M5559	MEN	100	16
135	78	Debbie JENKINS	Caerleon	F4044	LADIES	35	11

LCL ROAD RACE SERIES 2009 ; RACE 2/5 ; GRIFFITHSTOWN 26th MAY 2009

Race position	Number	NAME	Club	Category	Gender	Gender position	Category position
136	106	Bill BEWG,	Chepstow	M6099	MEN	101	8
137	625	Clare SHEPPARD	Griffithstown	F1834	LADIES	36	8
138	780	Peter PAYTON,	Islwyn	M5559	MEN	102	17
139	19	Gwyn HOWELLS,	Caerleon	F5559	LADIES	37	4
140	784	Gary SELDON	Islwyn	M1839	MEN	103	31
141	721	Malcolm PARKER,	Islwyn	M6099	MEN	104	9
142	631	Clair SUTTON	Griffithstown	F4044	LADIES	38	12
143	187	Chris ADAMS	Chepstow	M4549	MEN	105	19
144	411	Phillip SCRIVENS	Chepstow	M4044	MEN	106	21
145	619	Justine DESMOND	Griffithstown	F1834	LADIES	39	9
146	783	Pat RICHARDSON	Islwyn	F5559	LADIES	40	5
147	142	Gareth JENKINS	Chepstow	M4044	MEN	107	22
148	170	Syd WHEELER,	Chepstow	M6099	MEN	108	10
140	77	Alan TINSLEY	Caerleon	M5054	MEN	109	10
160	547	Marianne BURRIDGE,	Fairwater	F5054	LADIES	41	3
151	29	Paula HODDINOTT	Caerleon	F1834	LADIES	42	10
152	302	Yvonne FORSEY,	Lliswerry	F5054	LADIES	43	4
153	365	Jayne MOULTON	Lliswerry	F4549	LADIES	44	6
154	633	Joscelyn THOMAS	Griffithstown	F1834	LADIES	45	11
155	364	Christine LEWIS	Lliswerry	F4549	LADIES	46	7
156	337	Ros BURGESS	Lliswerry	F4044	LADIES	47	13
157	60	Emily LUTMAN	Caerleon	F3539	LADIES	48	8

LCL ROAD RACE SERIES 2009 ; RACE 2/5 ; GRIFFITHSTOWN 26th MAY 2009

MENS TEAM :

(10 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	FAIRWATER	10	813	7
2	LLISWERRY	10	767	6
3	GRIFFITHSTOWN	10	713	5
4	CHEPSTOW	10	608	4
5	ISLWYN	10	587	3
6	PARC BRYN BACH	10	549	2
7	CAERLEON	9	292	1

LADIES TEAM :

(6 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	6	576	7
2	GRIFFITHSTOWN	6	506	6
3	CAERLEON	6	456	5
4	ISLWYN	6	449	4
5	LLISWERRY	6	408	3
6	FAIRWATER	4	313	2
7	PARC BRYN BACH	2	144	1