

LCL ROAD RACE SERIES 2010 ; RACE 3/5 ; ISLWYN 29th JUNE 2010

RACE RESULT :

Race position	Number	NAME	Club	Category	Gender	Gender position	Category position
1	673	Stefan SIMMS	Griffithstown	M4044	MEN	1	1
2	530	Daryll BARNBY	Fairwater	M1739	MEN	2	1
3	701	Steve THOMAS,	Islwyn	M4044	MEN	3	2
4	514	Christopher MORGAN,	Fairwater	M4044	MEN	4	3
5	712	lian DAVIES	Islwyn	M1739	MEN	5	2
6	71	Jim KING	Caerleon	M1739	MEN	6	3
7	799	Haydn HARTNELL	Islwyn	M4549	MEN	7	1
8	193	James BLORE	Chepstow	M1739	MEN	8	4
9	657	Steve DAVIES	Griffithstown	M5054	MEN	9	1
10	363	Joseph BUTCHER	Lliswerry	M1739	MEN	10	5
11	194	Mark HARVEY,	Chepstow	M1739	MEN	11	6
12	406	Nathan NICHOLLS	Chepstow	M1739	MEN	12	7
13	678	Dimitri VORRÉS	Griffithstown	M4549	MEN	13	2
14	143	Luke MALARZ,	Chepstow	M1739	MEN	14	8
15	228	Gethin PARHAM	Parc Bryn Bach	M1739	MEN	15	9
16	110	Laurie CARTER	Chepstow	M5054	MEN	16	2
17	540	Alun WILLIAMS,	Fairwater	M4549	MEN	17	3
18	111	Paul LIDGETT	Chepstow	M4044	MEN	18	4
19	706	Mike DURY,	Islwyn	M1739	MEN	19	10
20	230	Martin CHAMMINGS	Parc Bryn Bach	M1739	MEN	20	11
21	689	Matt WELSH	Griffithstown	M1739	MEN	21	12
22	739	Russel DOBBS,	Islwyn	M1739	MEN	22	13
23	358	Steve PEMBERTON	Lliswerry	M1739	MEN	23	14
24	744	Robert DAVIES,	Islwyn	M1739	MEN	24	15
25	247	Paul POWELL	Parc Bryn Bach	M4044	MEN	25	5
26	211	Phillip MILES,	Parc Bryn Bach	M5559	MEN	26	1
27	741	Richard JOHNSTONE,	Islwyn	M1739	MEN	27	16
28	676	Andrew THOMPSON	Griffithstown	M5054	MEN	28	3
29	509	Richard LLOYD,	Fairwater	M1739	MEN	29	17
30	377	Steve HARRHY	Lliswerry	M4549	MEN	30	4
31	250	Simon JAMES	Parc Bryn Bach	M4044	MEN	31	6
32	659	Gerard GORMLEY	Griffithstown	M4044	MEN	32	7
33	710	Philip WILLIAMS	Islwyn	M1739	MEN	33	18
34	190	Edwin GREEN,	Chepstow	M4044	MEN	34	8
35	131	Peter HUTTON,	Chepstow	M5054	MEN	35	4
36	386	Matt CREED	Lliswerry	M1739	MEN	36	19
37	418	Louise SUMMERS	Chepstow	F4044	LADIES	1	1
38	527	Roger MILLS	Fairwater	M1739	MEN	37	20
39	724	Kim WEHDEN	Islwyn	M4549	MEN	38	5
40	506	Andrew SPENCER,	Fairwater	M4549	MEN	39	6
41	605	Julie DAVIES	Griffithstown	F3539	LADIES	2	1
42	2	Howard MASON,	Caerleon	M4549	MEN	40	7
43	371	Keith JAMES	Lliswerry	M1739	MEN	41	21
44	757	Jim DOBBS,	Islwyn	M5559	MEN	42	2
45	524	Richard THOMAS	Fairwater	M1739	MEN	43	22

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46	241	Nigel LAWRENCE	Parc Bryn Bach	M4044	MEN	44	9
47	357	Mike ANTHONY,	Lliswerry	M5054	MEN	45	5
48	37	Peter THOMAS	Caerleon	M4549	MEN	46	8
49	238	David SMOUT	Parc Bryn Bach	M6099	MEN	47	1
50	671	Peter RODGER	Griffithstown	M5054	MEN	48	6
51	30	Justin POCKNELL	Caerleon	M4044	MEN	49	10
52	185	Helen DUFFIELD,	Chepstow	F3539	LADIES	3	2
53	163	Andy STOTT,	Chepstow	M5054	MEN	50	7
54	510	Mike David WILLIAMS,	Fairwater	M1739	MEN	51	23
55	725	Kerry PRICE,	Islwyn	M5054	MEN	52	8
56	513	Michael SKYRME	Fairwater	M4044	MEN	53	11
57	317	Paul DAY,	Lliswerry	M5559	MEN	54	3
58	508	Mark FRY,	Fairwater	M4549	MEN	55	9
59	124	Niki MORGAN,	Chepstow	F4044	LADIES	4	2
60	186	Andy CREBER,	Chepstow	M5054	MEN	56	9
61	154	Chris REES,	Chepstow	M4549	MEN	57	10
62	123	Neil GRANT,	Chepstow	M5559	MEN	58	4
63	416	Leo COHEN	Chepstow	M1739	MEN	59	24
64	354	Christopher MATTEWS	Lliswerry	M4549	MEN	60	11
65	136	Vanessa LAWSON,	Chepstow	F3539	LADIES	5	3
66	318	Tim REESE,	Lliswerry	M4549	MEN	61	12
67	315	Paul DURSLEY,	Lliswerry	M5559	MEN	62	5
68	198	Kevin MCENTEE,	Chepstow	M5054	MEN	63	10
69	743	Michael BUNSTON,	Islwyn	M4044	MEN	64	12
70	525	Richard BOWIE	Fairwater	M4549	MEN	65	13
71	687	Stewart THOMPSON	Griffithstown	M4549	MEN	66	14
72	243	Caroline MORTON	Parc Bryn Bach	F4044	LADIES	6	3
73	384	Anthony OLIVER	Lliswerry	M1739	MEN	67	25
74	753	Johnathan DAVIES,	Islwyn	M4044	MEN	68	13
75	775	Terry LEWIS	Islwyn	M4549	MEN	69	15
76	98	Graeme VINER	Caerleon	M5054	MEN	70	11
77	675	Peter ROBERTS	Griffithstown	M5054	MEN	71	12
78	169	Ian WADE,	Chepstow	M4549	MEN	72	16
79	754	Clinton JAMES	Islwyn	M4549	MEN	73	17
80	688	Mark SUTTON	Griffithstown	M4549	MEN	74	18
81	209	Anne Marie HARRIS	Parc Bryn Bach	F3539	LADIES	7	4
82	134	Brenda AVERY	Chepstow	F5559	LADIES	8	1
83	119	Dick FINCH,	Chepstow	M6099	MEN	75	2
84	745	Chris LLOYD	Islwyn	M1739	MEN	76	26
85	655	Malcolm COX	Griffithstown	M6099	MEN	77	3
86	344	Peta DANIELS,	Lliswerry	F4044	LADIES	9	4
87	539	Adrian GWILLIAM	Fairwater	M4044	MEN	78	14
88	227	Jacky MILES,	Parc Bryn Bach	F5559	LADIES	10	2
89	335	Nick PRINGLE,	Lliswerry	M5054	MEN	79	13
90	329	Howard ATTWOOD,	Lliswerry	M6099	MEN	80	4

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91	390	David MILLER	Lliswerry	M1739	MEN	81	27
92	367	Rob ANDERSON	Lliswerry	M6099	MEN	82	5
93	613	Leonie ROBERTS	Griffithstown	F1734	LADIES	11	1
94	333	Gareth PEARCE	Lliswerry	M4044	MEN	83	15
95	82	Nicola PRICE	Caerleon	F3539	LADIES	12	5
96	1	Andrew TAYLOR,	Caerleon	M5054	MEN	84	14
97	10	Jade GITTINS	Caerleon	F1734	LADIES	13	2
98	213	Bernie MONK,	Parc Bryn Bach	M6099	MEN	85	6
99	628	Claire WATKINS	Griffithstown	F1734	LADIES	14	3
100	108	Andy BRAY,	Chepstow	M5054	MEN	86	15
101	650	Mike SHIRLOW	Griffithstown	M4549	MEN	87	19
102	612	Janet RICHARDS	Griffithstown	F4549	LADIES	15	1
103	13	Liz RICHARDS	Caerleon	F4044	LADIES	16	5
104	311	Charlotte ROE	Lliswerry	F1734	LADIES	17	4
105	603	Daniela WOODBRIDGE	Griffithstown	F3539	LADIES	18	6
106	538	Rebecca REYNOLDS	Fairwater	F1734	LADIES	19	5
107	58	Joanne PEACOCK	Caerleon	F4044	LADIES	20	6
108	336	Bryn BURGESS	Lliswerry	M5054	MEN	88	16
109	339	Clive CARTER	Lliswerry	M5054	MEN	89	17
110	734	Ruth TREHARNE	Islwyn	F4549	LADIES	21	2
111	408	Judith AUSTERBERRY	Chepstow	F3539	LADIES	22	7
112	240	Rebecca CHAMMINGS	Parc Bryn Bach	F1734	LADIES	23	6
113	8	Julie TWIST	Caerleon	F3539	LADIES	24	8
114	515	Jeanette JENKINS,	Fairwater	F4549	LADIES	25	3
115	22	Philip HYATT	Caerleon	M4549	MEN	90	20
116	716	Steve JONES,	Islwyn	M5054	MEN	91	18
117	777	Colin DIXON	Islwyn	M5559	MEN	92	6
118	740	Coleene BIRCH,	Islwyn	F3539	LADIES	26	9
119	795	Shona DOUGLAS	Islwyn	F1734	LADIES	27	7
120	5	Karen PAYNE	Caerleon	F3539	LADIES	28	10
121	17	Michael POWELL,	Caerleon	M6099	MEN	93	7
122	212	Margaret MONK,	Parc Bryn Bach	F5559	LADIES	29	3
123	100	Roberta HAVERS	Chepstow	F1734	LADIES	30	8
124	239	Catherine CHAMMINGS	Parc Bryn Bach	F3539	LADIES	31	11
125	355	Alison SHEEDY	Lliswerry	F4044	LADIES	32	7
126	233	Kate RUSSELL,	Parc Bryn Bach	F1734	LADIES	33	9
127	324	John HILL,	Lliswerry	M5559	MEN	94	7
128	713	Glyn HICKS,	Islwyn	M6099	MEN	95	8
129	604	Coninne WARD-JONES	Griffithstown	F4549	LADIES	34	4
130	729	Jackie JONES,	Islwyn	F3539	LADIES	35	12
131	415	Karen ELVERS	Chepstow	F3539	LADIES	36	13
132	765	Kelly WAITE	Islwyn	F1734	LADIES	37	10
133	196	Brett REGULSKI,	Chepstow	M5054	MEN	96	19
134	203	Kath JERVIS,	Parc Bryn Bach	F5054	LADIES	38	1
135	632	Wendy REES	Griffithstown	F4549	LADIES	39	5

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136	747	Helen LEWIS	Islwyn	F1734	LADIES	40	11
137	752	Helen WILLIAMS	Islwyn	F1734	LADIES	41	12
138	302	Yvonne FORSEY,	Lliswerry	F5054	LADIES	42	2
139	19	Gwyn HOWELLS,	Caerleon	F6099	LADIES	43	1
140	705	Nicola HAWKESFORD	Islwyn	F3539	LADIES	44	14
141	78	Debbie JENKINS	Caerleon	F4044	LADIES	45	8
142	780	Peter PAYTON,	Islwyn	M6099	MEN	97	9
143	761	Paula DAVIES	Islwyn	F3539	LADIES	46	15
144	29	Paula HODDINOTT	Caerleon	F4044	LADIES	47	9
145	312	Julia DAVIES,	Lliswerry	F5054	LADIES	48	3
146	323	Elizabeth PARKER	Lliswerry	F1734	LADIES	49	13
147	391	Anna REDMAN	Lliswerry	F4549	LADIES	50	6
148	337	Ros BURGESS	Lliswerry	F4044	LADIES	51	10

MENS TEAM :

(10 HIGHEST PLACED MALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	ISLWYN	10	790	7
2	CHEPSTOW	10	756	6
3	FAIRWATER	10	680	5
4	GRIFFITHSTOWN	10	647	4
5	LLISWERRY	10	588	3
6	PARC BRYN BACH	8	515	2
7	CAERLEON	8	330	1

LADIES TEAM :

(6 HIGHEST PLACED FEMALE RUNNERS FROM EACH CLUB)

Position	TEAM	RUNNERS SCORING	Score	Points
1	CHEPSTOW	6	563	7
2	GRIFFITHSTOWN	6	512	6
3	PARC BRYN BACH	6	500	5
4	CAERLEON	6	493	4
5	ISLWYN	6	420	3
6	LLISWERRY	6	409	2
7	FAIRWATER	2	158	1