

FELL SERIES 2011

Now 2010 is done and dusted it's time to look ahead to the New Year. After much searching of calendars and websites these are my choices for next year (subject to change in unforeseen circumstances). Hopefully there is something for everybody from the timid beginner to the gnarly old man of the hills. The format is the same as before with 4 races to count. The scoring system remains the same, it might not be 100% fair but it does seem to sort everybody into the right order.

Llanthony Winter race AS 3 miles 26/3/2011

This is one of my favourite short races starting by the scenic Llanthony Abbey. The race itself has a sharp ascent, a bit of a run on the ridge then a fast technical descent. Prize giving is in the abbey pub. Organised by that Ace organiser Dick Finch

Sugar Loaf BM 7miles 1725ft 9/4/2011

This is technically the easiest of this year's races, the start is at the Leisure centre and the route is all on good footpaths or road, it is a lovely route with stunning views on the right day. Also in the club champs and East Wales Fell running Championship race, come along and try for a medal.

Fan y Big BM 10 miles 2000ft 17/07/2010

A 10 mile fell race with only one real climb, starting in a village close to Brecon it steadily climbs to the top of Fan y Big, the route stays high and follows the escarpment before descending. This is a very satisfying race following a natural horseshoe.

Llyn y Fan AS 5.5miles 2000ft 17/09/2011

I have only done this race once and welcome the opportunity to run it again. It has everything a fell race should have in a small package: remote, wild, up to the top of a hill, steep descent with a bit of cross country route finding. A bit further to travel than some of the others but well worth it

In addition to the above, up to two Welsh AL category races can count.

Looking through the calendar I have found the following but there may be others I have missed.

Llanbedr Blaenavon AL 15miles 4500ft 2/4/2011

Welsh 1000m AL 22+miles 8000+ft 4/6/2011

Brecon Beacons AL 19miles 4500ft 20/8/2011

Peris Horseshoe AL 17.5miles 8500ft 03/09/2011

Black Mountains AI 17 miles 5200ft 24/9/2011