

Chepstow Harriers

Rose Inn 3

Tuesday, 13 July 2004. 7:30 pm

Position	Time	Name	Club	Category	Race Number
1	0:19:46	GARDINER, Richard	Cardiff AAC	Senior Men	667
2	0:21:24	COLLINS, Matthew	Cardiff AAC	Senior Men	629
3	0:22:03	CRANE, Philip	Neath Harriers	MV40	599
4	0:22:09	MEYLER, Chris	Pontypridd Rodents	Senior Men	585
5	0:22:17	ROWLEY, Justyn	Clevedon AC	Senior Men	664
6	0:22:46	ROBERTS, Emyr	Core Strength	Senior Men	649
7	0:22:47	ROWLEY, Jason	Clevedon AC	Senior Men	662
8	0:22:53	PAYNE, Ben	Core Strength	Senior Men	647
9	0:22:54	DONALD, Alex	Cardiff AAC	Senior Men	680
10	0:22:56	HEADON, David	Les Croupiers	MV40	608
11	0:23:08	FEREDAY, Gareth	Newport Harriers	Senior Men	624
12	0:23:24	OXLEY, Chris	Newport Harriers	Senior Men	620
13	0:23:26	HARRIS, David	Lliswerry Runners	Senior Men	610
14	0:23:35	MEYLER, Phil	Pontypridd Rodents	MV45	584
15	0:23:40	VEALE, Garry	Chepstow Harriers	MV40	677
16	0:23:42	TANNETTA, Keith	CAAC	MV40	625
17	0:23:56	TOWNSEND, Matthew	Les Croupiers	Senior Men	598
18	0:24:00	CARZANA, Tony	Pegasus Running Club	MV55	655
19	0:24:12	HORVATH, Paul	San Domenico	Senior Men	615
20	0:24:16	GEORGE, Phillip	Les Croupiers	Senior Men	586
21	0:24:17	YULE, Helen	Lliswerry Runners	LV35	634
22	0:24:18	EVANS, Robert	Les Croupiers	MV50	611
23	0:24:21	PLAIN, John	Les Croupiers	MV55	580
24	0:24:26	CRISPIE, Gerard	Les Croupiers	MV40	630
25	0:24:31	DAVIS, Les	Severn AC	MV60	604
26	0:24:39	MCCLURE, Shaun	Core Strength	Senior Men	648
27	0:24:41	GREEN, Martin	Forest of Dean A C	MV45	607
28	0:24:42	MASON, Howard	Caerleon Running Club	Senior Men	672
29	0:24:50	HISCOX, John	Pontypridd Rodents	MV50	583
30	0:24:58	MORGAN, Chris	Caerleon Running Club	Senior Men	670
31	0:25:04	RAMSEY, Michael		MV40	654
32	0:25:08	SMITH, Shaun		Senior Men	684
33	0:25:17	INGLESON, Craig	Caerleon Running Club	Senior Men	674
34	0:25:19	DONNAN, Graeme	Les Croupiers	MV50	601
35	0:25:24	BEON, Richards	Les Croupiers	MV40	593
36	0:25:35	SPENCER, Andrew	Griffithstown Harriers	MV40	582
37	0:25:37	HARVEY, Mark	Chepstow Harriers	Junior Men	658
38	0:25:41	HARPER, Charles	Forest of Dean A C	Senior Men	617
39	0:25:43	PHILLIPS, Robbie	Lliswerry Runners	Junior Men	627
40	0:25:45	HILL, Pete	Stratford AC	MV50	575
41	0:25:47	O'SULLIVAN, Tim	Les Croupiers	MV45	602
42	0:25:49	WARREN, Simon		MV40	646
43	0:26:06	SEWELL, Richard	Les Croupiers	MV45	650
44	0:26:21	REEKS, Malcolm	Chepstow Harriers	MV40	591
45	0:26:23	JOHN, Gareth	Les Croupiers	MV45	642
46	0:26:26	SCHOLEY, Julie	Les Croupiers	LV40	638
47	0:26:29	EDWARDS, Wendy	Les Croupiers	LV40	594
48	0:26:45	TURNER, John	Stratford AC	MV60	576
49	0:26:50	BATSTONE, Michael	Tone Zone Runners	MV50	678
50	0:26:58	WOODS, Mike		Senior Men	579
51	0:26:58	DIX, Michael	Les Croupiers	MV45	596
52	0:27:02	DAVIES, Chris	Lliswerry Runners	MV45	659
53	0:27:19	CHRISTIE, Paul	Chepstow Harriers	Senior Men	633
54	0:27:30	BATTERSBY, Nick	Chepstow Harriers	MV40	588
55	0:27:43	JAMES, John	Severn AC	MV50	589
56	0:27:47	JONES, Gareth	Newport Harriers	MV55	600
57	0:27:54	EVANS, Andrew		Senior Men	621
58	0:27:56	THOMAS, Michael		MV40	675
59	0:28:00	CLISSOLD, Martin	Les Croupiers	MV45	592
60	0:28:10	JEFFERS, Neil		MV40	657

Position	Time	Name	Club	Category	Race Number
61	0:28:24	POYNTER, Richard		Senior Men	609
62	0:28:27	MORGAN, Niki	Chepstow Harriers	LV35	587
63	0:28:29	HENDRY, Neil	Penarth & Dinas	MV45	652
64	0:28:38	WILLIAMSON, Stephen		MV50	614
65	0:28:47	DERRICK, Ian Mark	Les Croupiers	Senior Men	643
66	0:28:56	SEDGMOND, Andrew	Les Croupiers	MV45	639
67	0:28:59	DAVIES, Richard	Multisport RC	Senior Men	618
68	0:29:03	MCCARTHY, David		Senior Men	688
69	0:29:09	LAWSON, Vanessa	Chepstow Harriers	Senior Ladies	597
70	0:29:09	BARRETT, Esther	Chepstow Harriers	Senior Ladies	682
71	0:29:20	HILL, Steve	Chepstow Harriers	MV45	666
72	0:29:23	EVANS, Pete		MV55	644
73	0:29:33	WILLS, Ian		Senior Men	590
74	0:29:42	CRAM, Geoffrey	Chepstow Harriers	MV55	574
75	0:29:43	JENKINS, Jeanette	Fairwater Runners	LV40	681
76	0:29:47	BUCKLAND, Jenny		LV35	645
77	0:29:54	POWELL, Michael	Caerleon Running Club	MV55	673
78	0:29:56	WILLIAMS, Frances	Les Croupiers	LV35	628
79	0:29:59	WATKINS, Chris	Caerleon Running Club	Senior Men	671
80	0:29:59	CLARK, Nick		MV40	612
81	0:30:22	BONERA, Steve		Senior Men	689
82	0:30:34	GREEN, Jackie	Forest of Dean A C	LV45	616
83	0:31:07	GILBERT-JONES, Paul	Chepstow Harriers	Senior Men	606
84	0:31:42	PEACOCK, Joanne	Llswerry Runners	LV35	631
85	0:31:51	WEST, Mair	Griffithstown Harriers	Senior Ladies	686
86	0:31:58	KEAR, Mike	Caerleon Running Club	Senior Men	660
87	0:32:07	BAYLISS, Jane	Chepstow Harriers	LV50	578
88	0:32:12	MOOKIAH, Parthiban		Senior Men	619
89	0:32:15	FLANAGAN, Nigel		Senior Men	683
90	0:32:29	HOWELLS, Gwyneth	Caerleon Running Club	LV50	669
91	0:32:34	RAWLINGS, Emma	Severn AC	Senior Ladies	605
92	0:32:39	RICHARDS, Janet	Griffithstown Harriers	LV35	668
93	0:32:41	WILLIAMS, Emma		Senior Ladies	653
94	0:32:54	WILLIAMS, Joanna		Senior Ladies	622
95	0:33:17	FEREDAY, David		MV55	665
96	0:33:20	HENDRY, Joanna	Penarth & Dinas	LV35	651
97	0:33:28	GREEN, Clare	San Domenico	LV35	656
98	0:34:26	TROLLOPE, Helen	Llswerry Runners	Senior Ladies	637
99	0:34:43	FRY, John	Fairwater Runners	MV55	663
100	0:34:59	MASTERS, Anne	Chepstow Harriers	LV55+	640
101	0:35:00	WALKER, Andrea	Chepstow Harriers	Senior Ladies	661
102	0:35:06	HOUGH, Sue	Chepstow Harriers	Senior Ladies	641
103	0:35:38	IMM, Novia	Griffithstown Harriers	Senior Ladies	685
104	0:36:01	HARRIS, Ron	Llswerry Runners	MV65+	613
105	0:36:04	BURRIDGE, Marianne	Fairwater Runners	LV45	687
106	0:36:07	DAVIES, Julia	Llswerry Runners	LV45	679
107	0:37:40	FEAR, Vicky	Llswerry Runners	Senior Ladies	632
108	0:37:56	PARAGREEN, Norman	Stratford AC	MV65+	577
109	0:38:26	MORGAN, Julie	Fairwater Runners	Senior Ladies	595
110	0:40:03	THOMAS, Kathryn		LV35	636
111	0:40:03	THOMAS, John		MV40	635
112	0:40:55	HILL, Sue	Llswerry Runners	LV50	626
113	0:42:12	PROCTOR, Katie		Senior Ladies	623
114	0:43:23	SHEPHERD, Suzie		LV35	603