

Chepstow Harriers
Rose Inn Race Series 2008

The following table shows the full results for this year's Rose Inn Series. Points are awarded according to position, in each race. Runners must complete a minimum of three races to qualify for the series, and the best three scores are accumulated. Only those runners who completed at least three races are shown.

Points of interest.

The overall winner in the Senior Men, Peter Coles, won on count back after a tie with Stephen Paterson.

The only competitor to win all 4 races in their category was Brenda Avery.

Peter Coles, Roger Wilson and Angela Tyrell won all three races, in their category, that they

Name	Club	Category	May		June		July		August		Total
			Time	Pts	Time	Pts	Time	Pts	Time	Pts	
Senior Men											
Peter COLES	Pontypridd Rodents	MV45	21:27	147			21:25	150	21:29	143	440
Stephen PATERSON	San Domenico	Senior Men	21:32	146			22:09	148	21:09	146	440
Stuart CREES	Les Croupiers	Senior Men	21:33	145	21:23	149			21:24	144	438
Tim LEWIS	Bridgend AC	MV40	21:59	144	22:07	148			22:01	142	434
Paul HARRIS	Lliswerry Runners	MV40	23:22	135	23:26	141	23:15	144	23:10	135	420
Chris MORGAN	Fairwater Runners	MV40	23:24	133	23:11	142	23:26	143			418
Mark HARVEY	Chepstow Harriers	Senior Men	23:23	134			23:05	147	23:06	136	417
Mick TABOR	Les Croupiers	MV55	23:27	132	23:38	139	23:50	140	24:46	125	411
Stuart MCILROY	Unattached	Senior Men	25:02	116	23:48	136	24:08	137	23:55	132	405
Alun WILLIAMS	Fairwater Runners	MV40	23:36	130	24:27	130	23:28	142	24:01	131	403
Steven FORCE	Unattached	MV45	24:26	123	23:49	135	23:55	139			397
Ivan TEED	Chepstow Harriers	Senior Men	26:10	105	23:30	140	23:12	145			390
Paul BRUTON	Unattached	Senior Men	24:19	124	24:40	129			24:12	129	382
Dave SOMERSALL	Chepstow Harriers	MV35	24:52	118	24:55	127	24:35	135			380
Gary DAVIES	Chepstow Harriers	MV45	24:44	119	24:58	126	24:41	134			379
Ian MCDONALD	San Domenico	MV40	24:17	125	24:53	128			24:48	124	377
Chris JONES	Lliswerry Runners	MV45	25:35	113	24:59	125	25:06	131			369
Brian LOVETT	San Domenico	MV40	24:55	117	25:20	120	25:09	130			367
Dean ROBERTS	Unattached	MV35			25:33	116	25:26	127	25:22	122	365
John TURNER	Stratford On Avon AC	MV60			26:05	112	26:05	119	26:11	111	342
Dominic SHIELDS	San Domenico	MV40	26:55	93	26:22	107	26:17	118	26:00	113	338
Dougal WILSON-CROOME	Chepstow Harriers	MV50	26:46	95	25:43	115	25:15	128			338
Graeme DONNAN	Les Croupiers	MV50	26:26	100	26:08	111	26:30	114	26:29	106	331
Ronald MORRIS	San Domenico	MV55			27:24	92	25:59	121	25:37	118	331
Walter LEACH	Forest of Dean A C	MV45	26:11	104	26:28	102	26:27	116	26:23	107	327
James DELANEY	San Domenico	MV50	26:15	103	26:16	109			25:55	115	327
Paul DAY	Lliswerry Runners	MV55			26:11	110	27:01	105	26:15	110	325
William FOX	Unattached	MV45	26:20	102	26:26	103	26:28	115			320
Roger WILSON	Stratford On Avon AC	MV65			26:50	99	26:43	111	26:58	104	314
Peter BURNE	Unattached	Senior Men	26:45	96	26:55	97	26:32	113	27:01	102	312
Neil LEWIS	Unattached	MV35	27:17	86	27:02	96	25:44	125			307
Michael DAVIES	Les Croupiers	MV55			27:08	94	27:23	101	26:17	108	303
Richard SEWELL	Les Croupiers	MV50	27:04	89	26:04	113			27:07	99	301
Kim WEHDEN	Islwyn Running Club	MV45	27:07	88			27:18	103	27:00	103	294
Malcolm REEKS	Chepstow Harriers	MV45	27:53	80	27:53	85	26:57	106	27:02	101	292
Roger HEMMING	Great Western Runners	MV55	27:24	83	26:51	98	27:19	102			283
Michael TOOK	Unattached	Senior Men	27:58	78	27:27	91	27:26	99	27:49	90	280
Alan MANN	Les Croupiers	MV50	26:39	97	29:07	70	26:49	108			275
Jeff ASTON	Les Croupiers	MV60	28:26	75			27:17	104	27:38	94	273
Paul HARMES	Unattached	MV40	28:59	69	28:57	73	27:34	97	27:39	93	263
Gareth JOHN	Les Croupiers	MV50	28:03	76	28:00	81			27:43	92	249
Paul KIRKWOOD	Unattached	MV50	29:20	67			28:51	93	28:33	84	244
Stephen JONES	Islwyn Running Club	MV50	28:35	74	27:58	82			28:29	85	241
Stephen WILLIAMS	Lliswerry Runners	MV50			28:30	76	28:52	92	30:27	69	237
Richard LLOYD	Fairwater Runners	Senior Men	28:46	72			30:59	79	28:45	83	234
Andrew JOHNSON	Lliswerry Runners	MV40			34:55	42	29:23	91	27:06	100	233
Bryn BURGESS	Lliswerry Runners	MV50	29:35	64	30:23	62	29:43	89	29:47	74	227
Sam STONE	Unattached	Senior Men	33:13	45	31:08	57	29:57	88	29:21	79	224
Andrew TAYLOR	Caerleon Running Club	MV50	29:22	66	28:56	74			29:26	77	217

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Stephen CASEY	Unattached	Senior Men	29:36	63	29:12	67	29:58	87		217	
Mark ROGERS	Unattached	MV40	30:07	57	29:10	68			27:46	91	216
Rob JONES	Chepstow Harriers	MV50	30:31	54	30:54	59	30:12	84	30:06	71	214
Paul JENKINS	Unattached	MV55	29:26	65	29:25	66			30:30	68	199
Howard ATTWOOD	Llswerry Runners	MV55	29:03	68	30:00	64	35:18	62	30:51	66	198
Paul HOGAN	Unattached	MV45	29:58	59	31:40	54			29:22	78	191
Anthony HOWELLS	Unattached	MV40	30:32	53	31:13	56	30:48	80			189
James HOBBS	Unattached	MV40	33:48	41	32:48	50	32:01	76	33:08	57	183
Ian WARNER	Unattached	MV50	32:14	50	31:51	53	32:40	71	33:10	56	180
John FRY	Fairwater Runners	MV60	32:36	48	33:00	49	33:08	68	32:23	60	177
Stephen WILLIAMSON	Unattached	MV50	33:18	43	33:18	46	32:47	70	33:34	54	170
Andrew TURNER	Stratford On Avon AC	Senior Men			35:23	39	33:27	67	32:22	61	167
Mike MURPHY	Les Croupiers	MV50	37:01	30	37:14	36	27:25	100			166
Clive CARTER	Llswerry Runners	MV50	32:51	46	31:20	55			31:34	64	165
John PHILLIPS	Chepstow Harriers	MV60	34:07	39	33:38	44	34:15	65	33:56	53	162
Philip BISHOP	Unattached	MV45	35:06	36	34:04	43	38:23	54	34:47	51	148
Roger HOWELL	Penarth & Dinas	MV60	36:47	31	36:17	38	35:13	63	41:53	47	148
Gareth MCCATHY	Unattached	Senior Men	33:49	40	35:05	41	33:59	66			147
Ronald HARRIS	Llswerry Runners	MV70+	42:56	26	42:40	33	42:50	53	42:49	45	131

MV35

Dean ROBERTS	Unattached				25:33	48	25:26	47	25:22	50	145
Dave SOMERSALL	Chepstow Harriers		24:52	46	24:55	49	24:35	49			144
Neil LEWIS	Unattached		27:17	45	27:02	47	25:44	46			138

MV40

Tim LEWIS	Bridgend AC		21:59	50	22:07	50			22:01	49	149
Paul HARRIS	Llswerry Runners		23:22	48	23:26	47	23:15	50	23:10	47	145
Chris MORGAN	Fairwater Runners		23:24	47	23:11	48	23:26	49			144
Alun WILLIAMS	Fairwater Runners		23:36	46	24:27	44	23:28	48	24:01	46	140
Ian MCDONALD	San Domenico		24:17	44	24:53	43			24:48	45	132
Brian LOVETT	San Domenico		24:55	42	25:20	40	25:09	47			129
Dominic SHIELDS	San Domenico		26:55	38	26:22	39	26:17	45	26:00	44	128
Paul HARMES	Unattached		28:59	35	28:57	36	27:34	40	27:39	40	116
Andrew JOHNSON	Llswerry Runners				34:55	32	29:23	38	27:06	43	113
Mark ROGERS	Unattached		30:07	32	29:10	35			27:46	39	106
Anthony HOWELLS	Unattached		30:32	31	31:13	34	30:48	36			101
James HOBBS	Unattached		33:48	29	32:48	33	32:01	35	33:08	33	101

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MV45

Peter COLES	Pontypridd Rodents	21:27	50			21:25	50	21:29	50	150
Steven FORCE	Unattached	24:26	49	23:49	49	23:55	49			147
Gary DAVIES	Chepstow Harriers	24:44	48	24:58	47	24:41	46			141
Chris JONES	Llisbury Runners	25:35	46	24:59	46	25:06	45			137
Walter LEACH	Forest of Dean A C	26:11	41	26:28	43	26:27	44	26:23	43	130
William FOX	Unattached	26:20	40	26:26	44	26:28	43			127
Malcolm REEKS	Chepstow Harriers	27:53	36	27:53	40	26:57	41	27:02	41	122
Kim WEHDEN	Islwyn Running Club	27:07	38			27:18	40	27:00	42	120
Paul HOGAN	Unattached	29:58	34	31:40	35			29:22	38	107
Philip BISHOP	Unattached	35:06	32	34:04	32	38:23	35	34:47	37	104

MV50

Dougal WILSON-CROOME	Chepstow Harriers	26:46	45	25:43	48	25:15	50			143
James DELANEY	San Domenico	26:15	48	26:16	45			25:55	47	140
Graeme DONNAN	Les Croupiers	26:26	47	26:08	46	26:30	47	26:29	46	140
Richard SEWELL	Les Croupiers	27:04	44	26:04	47			27:07	44	135
Alan MANN	Les Croupiers	26:39	46	29:07	34	26:49	46			126
Gareth JOHN	Les Croupiers	28:03	41	28:00	39			27:43	43	123
Paul KIRKWOOD	Unattached	29:20	39			28:51	44	28:33	39	122
Stephen JONES	Islwyn Running Club	28:35	40	27:58	40			28:29	40	120
Bryn BURGESS	Llisbury Runners	29:35	37	30:23	33	29:43	42	29:47	37	116
Rob JONES	Chepstow Harriers	30:31	36	30:54	32	30:12	41	30:06	36	113
Stephen WILLIAMS	Llisbury Runners			28:30	36	28:52	43	30:27	34	113
Andrew TAYLOR	Caerleon Running Club	29:22	38	28:56	35			29:26	38	111
Ian WARNER	Unattached	32:14	35	31:51	30	32:40	39	33:10	32	106
Mike MURPHY	Les Croupiers	37:01	31	37:14	26	27:25	45			102
Stephen WILLIAMSON	Unattached	33:18	32	33:18	27	32:47	38	33:34	31	101
Clive CARTER	Llisbury Runners	32:51	33	31:20	31			31:34	34	97

MV55

Mick TABOR	Les Croupiers	23:27	50	23:38	50	23:50	50	24:46	49	150
Paul DAY	Llisbury Runners			26:11	48	27:01	47	26:15	47	142
Roger HEMMING	Great Western Runners	27:24	48	26:51	47	27:19	46			141
Ronald MORRIS	San Domenico			27:24	45	25:59	48	25:37	48	141
Michael DAVIES	Les Croupiers			27:08	46	27:23	45	26:17	46	137
Howard ATTWOOD	Llisbury Runners	29:03	47	30:00	41	35:18	43	30:51	43	133
Paul JENKINS	Unattached	29:26	46	29:25	42			30:30	44	132

MV60

John TURNER	Stratford On Avon AC			26:05	49	26:05	50	26:11	50	149
Jeff ASTON	Les Croupiers	28:26	49			27:17	49	27:38	49	147
John FRY	Fairwater Runners	32:36	47	33:00	45	33:08	46	32:23	46	139
John PHILLIPS	Chepstow Harriers	34:07	45	33:38	44	34:15	45	33:56	45	135
Roger HOWELL	Penarth & Dinas	36:47	43	36:17	43	35:13	44	41:53	44	131

MV65

Roger WILSON	Stratford On Avon AC			26:50	50	26:43	50	26:58	50	150
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MV70+

Ronald HARRIS	Llisbury Runners	42:56	49	42:40	50	42:50	48	42:49	50	149
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Junior Men

Jonathan MORRIS	Newport Harriers	27:14	50	27:44	50	28:39	44			144
Chesney WALLBANK	Unattached	31:49	49	33:07	48	31:50	43			140
David FRENCH	Unattached	32:35	48	34:12	47	33:06	42			137

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Senior Ladies

Angela TYRRELL	San Domenico	Senior Ladies		23:03	100	23:36	100	23:32	100	300	
Kelly WOOLLEY	Llisbury Runners	Senior Ladies	27:15	94	27:23	94	26:40	97		285	
Julie SCHOLEY	Les Croupiers	LV45	27:49	93	28:46	92	27:51	96	27:53	95	284
Frances WILLIAMS	San Domenico	LV40	28:42	92	29:29	89	29:08	93	28:48	94	279
Joanne DAVIS	Severn AC	LV35	29:23	90	29:32	88	30:15	86	30:10	90	268
Brenda AVERY	Chepstow Harriers	LV55	30:09	88	29:53	86	29:53	89	30:22	89	266
Jenny BUCKLAND	Unattached	LV40	30:27	85			30:00	88	29:33	91	264
Peta DANIELS	Llisbury Runners	LV40	30:19	87	29:51	87			31:13	84	258
Hanneke VAN DER WERF	Wye Valley Runners	LV40			30:32	83	29:51	90	31:18	83	256
Jeanette JENKINS	Fairwater Runners	LV45	30:54	84	31:03	82			30:37	87	253
Andrea HALE	Unattached	LV40	32:17	82	31:40	81	31:15	83			246
Sera COLE	Unattached	LV40	32:18	81	31:40	80	31:14	84			245
Loretta DALEY	Les Croupiers	LV40	30:22	86	34:34	73	31:21	82			241
Ruth TREHARNE	Islwyn Running Club	LV40	33:07	79	33:56	75	31:55	79	33:00	80	238
Gwyneth HOWELLS	Caerleon Running Club	LV55	33:39	78	34:13	74	35:01	73	33:51	79	231
Katie HILL	Unattached	LV35	35:57	71	35:46	68	33:37	75	32:38	81	227
Julia DAVIES	Llisbury Runners	LV50	36:12	69	35:55	66			35:18	73	208
Sian JONES	Chepstow Harriers	Senior Ladies	35:45	72	36:22	64			35:24	72	208
Gill MURPHY	Les Croupiers	LV50	37:00	68	37:14	59	35:19	71			198
Marianne BURRIDGE	Fairwater Runners	LV45	37:28	67	36:59	60	37:25	58	37:29	60	187
Vicky FEAR	Llisbury Runners	Senior Ladies	41:41	58	38:24	56	40:08	52	35:39	71	185
Helen BRAY	Unattached	Senior Ladies	38:04	64	37:16	58	36:29	61			183
Yvonne FORSEY	Llisbury Runners	LV50	38:13	62	38:08	57			37:25	61	180
Ros BURGESS	Llisbury Runners	LV40	41:41	59	41:36	50	41:41	46	41:26	55	164

LV35

Joanne DAVIS	Severn AC		29:23	49	29:32	49	30:15	50	30:10	50	149
Katie HILL	Unattached		35:57	48	35:46	46	33:37	47	32:38	48	143

LV40

Frances WILLIAMS	San Domenico		28:42	48	29:29	47	29:08	49	28:48	49	146
Peta DANIELS	Llisbury Runners		30:19	46	29:51	46			31:13	45	137
Jenny BUCKLAND	Unattached		30:27	44			30:00	46	29:33	47	137
Hanneke VAN DER WERF	Wye Valley Runners				30:32	45	29:51	47	31:18	44	136
Andrea HALE	Unattached		32:17	43	31:40	44	31:15	44			131
Sera COLE	Unattached		32:18	42	31:40	43	31:14	45			130
Loretta DALEY	Les Croupiers		30:22	45	34:34	41	31:21	43			129
Ruth TREHARNE	Islwyn Running Club		33:07	41	33:56	42	31:55	41	33:00	43	126
Ros BURGESS	Llisbury Runners		41:41	39	41:36	38	41:41	32	41:26	39	116

LV45

Julie SCHOLEY	Les Croupiers		27:49	50	28:46	50	27:51	50	27:53	49	150
Jeanette JENKINS	Fairwater Runners		30:54	48	31:03	49			30:37	47	144
Marianne BURRIDGE	Fairwater Runners		37:28	46	36:59	45	37:25	45	37:29	43	136

LV50

Julia DAVIES	Llisbury Runners		36:12	49	35:55	49			35:18	50	148
Gill MURPHY	Les Croupiers		37:00	48	37:14	48	35:19	50			146
Yvonne FORSEY	Llisbury Runners		38:13	47	38:08	47			37:25	48	142

LV55

Brenda AVERY	Chepstow Harriers		30:09	50	29:53	50	29:53	50	30:22	50	150
Gwyneth HOWELLS	Caerleon Running Club		33:39	49	34:13	49	35:01	49	33:51	49	147

LV60+

No runners in this category completed the minimum of three races

Junior Ladies

No runners in this category completed the minimum of three races