

Chepstow Harriers

Rose Inn 4
Tuesday, 10 August 2010. 7:30 pm

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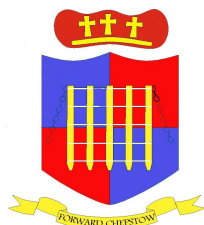


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 Cardiff's Specialist Running Shop

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<http://www.runandbecome.com/cardiff.html>

Position	Time	Name	Club	Category	Race Number
1	0:19:22	JOHNSON, Michael	Cardiff AAC	Senior Men	681
2	0:21:25	PATERSON, Stephen	Les Croupiers	Senior Men	665
3	0:21:32	COLES, Peter	Pontypridd Rodents	MV45	43
4	0:21:59	DONOVAN, Edward	Les Croupiers	Senior Men	71
5	0:22:05	MATTHEWS, Rich	Chepstow Harriers	Senior Men	54
6	0:22:07	EDWARDS, Jerome	Les Croupiers	Senior Men	70
7	0:22:10	FROST, Nick	Pontypridd Rodents	MV45	671
8	0:22:20	SHIELDS, Stephen	San Domenico	Senior Men	675
9	0:22:33	BARNBY, Daryll	Fairwater Runners	Senior Men	84
10	0:22:47	DURY, Michael	Islwyn Running Club	Senior Men	39
11	0:22:59	HURFORD, Matt	Les Croupiers	MV35	35
12	0:23:03	MORGAN, Chris	Fairwater Runners	MV40	50
13	0:23:24	MCGEOCH, Mick	Les Croupiers	MV50	12
14	0:23:25	HARRIS, Steven	Chepstow Harriers	Senior Men	28
15	0:23:27	GREEN, Gareth	San Domenico	Senior Men	658
16	0:23:30	HANCOCK, Simon	Clevedon AC	Senior Men	684
17	0:23:39	CARTER, Laurie	Chepstow Harriers	MV50	66
18	0:23:44	WINDSOR, Mark	San Domenico	Senior Men	678
19	0:23:47	CHESHIRE, Calum	Les Croupiers	Senior Men	36
20	0:23:49	HOPKINS, Matt	Les Croupiers	Senior Men	655
21	0:23:59	HAVARD, Mickey	San Domenico	MV45	74
22	0:24:02	BAKER, Andrew	Pontypridd Rodents	MV40	667
23	0:24:10	BRUTON, Paul		MV35	674
24	0:24:11	JOHNSON, Richard	Islwyn Running Club	MV35	29
25	0:24:15	COKER, Paul	Les Croupiers	MV50	31
26	0:24:19	HOOPER, Steven	Pontypridd Rodents	MV40	672
27	0:24:21	SANSOM, Glyn	San Domenico	MV45	45
28	0:24:27	JEFFERY, Tom	Les Croupiers	Senior Men	79
29	0:24:27	IRVING, Gary	Swansea Harriers	MV50	663
30	0:24:29	EVANS, Alun		MV40	113
31	0:24:36	HALL, Gareth	Lliswerry Runners	Senior Men	99
32	0:24:38	MORRIS, Ronald	San Domenico	MV60	659
33	0:24:43	TURNBULL, Peter	Les Croupiers	MV45	1
34	0:24:46	DAVIES, Martin	Lliswerry Runners	MV50	17
35	0:24:54	DOBBS, Russell	Islwyn Running Club	MV35	82
36	0:24:55	MASON, Howard	Caerleon Running Club	MV45	48
37	0:24:57	PARK, Bob	Kidderminster & Stourbridge AC	MV55	664
38	0:25:03	HARRHY, Steve	Lliswerry Runners	MV45	7
39	0:25:08	BEECHER, Katie	Les Croupiers	Senior Ladies	19
40	0:25:09	TABOR, Mick	Les Croupiers	MV55	682
41	0:25:20	MEYLER, Phil	Pontypridd Rodents	MV50	660
42	0:25:21	O'DUFFY, Libby	Les Croupiers	LV40	5
43	0:25:24	CREED, Matt	Lliswerry Runners	Senior Men	60
44	0:25:27	TAYLOR, Will	Chepstow Harriers	Senior Men	695
45	0:25:29	JONES, Chris	Lliswerry Runners	MV50	106
46	0:25:41	DIFFEY, John	Les Croupiers	MV45	76
47	0:25:43	DAVIES, Robert	Islwyn Running Club	MV35	40
48	0:25:44	JONES, Angela	MDC	LV40	64
49	0:25:45	WEHDEN, Kim	Islwyn Running Club	MV45	27
50	0:25:49	SHIELDS, Dominic	San Domenico	MV45	662
51	0:25:55	HUTTON, Peter	Chepstow Harriers	MV50	55
52	0:26:04	CORCORAN, Kevin	Swansea Harriers	MV45	670
53	0:26:09	BEATTY, Claire	Les Croupiers	Senior Ladies	6



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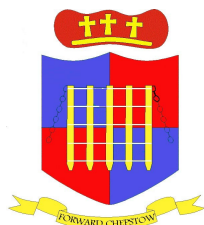


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Position	Time	Name	Club	Category	Race Number
54	0:26:15	TOWNSEND, Matthew	Les Croupiers	MV40	53
55	0:26:18	SUMMERS, Louise	Chepstow Harriers	LV40	68
56	0:26:20	MATTHEWS, Chris	Lliswerry Runners	MV45	41
57	0:26:21	OWEN, Stephen	Les Croupiers	MV50	699
58	0:26:23	DELANEY, James	San Domenico	MV50	18
59	0:26:24	COKER, Jane	Les Croupiers	LV50	32
60	0:26:28	SPENCER, Andrew	Fairwater Runners	MV45	654
61	0:26:38	SOMERSALL, Dave	Chepstow Harriers	MV40	23
62	0:26:54	BATTERSBY, Nick	Chepstow Harriers	MV50	102
63	0:27:01	LEWIS, Chris	Hogweed Trotters	MV35	52
64	0:27:04	BUANE, Peter		MV35	666
65	0:27:16	REESE, Tim	Lliswerry Runners	MV45	77
66	0:27:24	TAYLOR, Rob	Chepstow Harriers	Senior Men	694
67	0:27:29	SAGE, Kath	Newport Harriers	Senior Ladies	21
68	0:27:33	MANN, Alan	Les Croupiers	MV50	20
69	0:27:38	DAVIES, Chris	Lliswerry Runners	MV50	90
70	0:27:51	MORGAN, Niki	Chepstow Harriers	LV40	651
71	0:27:54	CREBER, Andy	Chepstow Harriers	MV50	652
72	0:27:58	DIAS, Brian	Cardiff AAC	NDB	669
73	0:28:05	CALWAY, Andrew	Chepstow Harriers	MV45	96
74	0:28:06	RICHARDS, Maria	Islwyn Running Club	LV35	4
75	0:28:07	PUGSLEY, Richard	BBC Runners	MV35	116
76	0:28:38	HAWKINS, David		MV35	679
77	0:28:39	BUCKLAND, Jenny		LV40	83
78	0:28:40	THOMAS, John	Chepstow Harriers	MV45	91
79	0:28:43	TALBOT, Keran		LV45	57
80	0:28:44	ASTON, Jeff	Les Croupiers	MV60	680
81	0:28:49	HUGHES, Philip	San Domenico	Senior Men	80
82	0:28:53	ATTWOOD, Howard	Lliswerry Runners	MV60	676
83	0:28:57	ADDY, Liam		MV35	109
84	0:28:58	LOCKE, Matthew		MV35	108
85	0:28:59	LAWSON, Vanessa	Chepstow Harriers	LV35	653
86	0:29:01	WILCOX, Alan	Hogweed Trotters	MV40	47
87	0:29:02	HARDWELL, Darren	Chepstow Harriers	MV35	105
88	0:29:02	COKER, Kate	Barry & Vale Harriers		30
89	0:29:03	HART, Gareth	Caerleon Running Club	MV35	73
90	0:29:04	PARK, Lynne	Forest of Dean A C	LV45	673
91	0:29:14	MANLEY, David		Senior Men	38
92	0:29:17	AVERY, Brenda	Chepstow Harriers	LV55	98
93	0:29:21	DAVIES, Liam	FERC	MV50	112
94	0:29:23	DANIELS, Peta	Lliswerry Runners	LV40	56
95	0:29:29	ANDERSON, Robert	Lliswerry Runners	MV65	33
96	0:29:30	WOOD, Neale	Lliswerry Runners	MV50	107
97	0:29:31	GITTINS, Jade	Caerleon Running Club	Senior Ladies	62
98	0:29:49	MCCALL, Allan	Chepstow Harriers	MV40	69
99	0:29:59	CASEY, Stephen	Glenwood Active	Senior Men	110
100	0:30:02	COLLIER, Ross		Senior Men	683
101	0:30:32	DAVIES, Stephanie	Pontypridd Rodents	Junior Ladies	661
102	0:30:40	ANDREWS, Dave	Chepstow Harriers	MV60	44
103	0:30:43	TURNER, Steve		MV50	26
104	0:30:45	AUSTERBERRY, Judith	Chepstow Harriers	LV35	67



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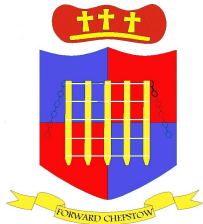


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105	0:30:50	BURGESS, Bryn	Lliswerry Runners	MV50	15
106	0:30:53	BROOME, Tyrone	Prison Service UK	MV45	95
107	0:30:54	BARRETT, Ruth	San Domenico	Senior Ladies	686
108	0:31:06	MACHIN, Fran	Les Croupiers	Senior Ladies	11
109	0:31:06	MACKEN, Sasha	Lliswerry Runners	LV35	8
110	0:31:09	WYNDS, Jacqui	Forest of Dean A C	LV55	104
111	0:31:13	WATSON, Shirley		LV45	59
112	0:31:17	LOVELUCK-EDWARDS, Graham	Chepstow Harriers	MV40	42
113	0:31:20	GREEN, Jackie	Forest of Dean A C	LV50	668
114	0:31:22	FINCH, Lauren	Chepstow Harriers	Senior Ladies	78
115	0:31:23	HALE, Andrea		LV40	37
116	0:31:31	HOUSE, Claire	San Domenico	LV35	58
117	0:31:39	BAYLISS, Geoffrey	Chepstow Harriers	MV60	25
118	0:31:51	FEREDAY, David	Newport Harriers	MV60	13
119	0:31:53	HAVERS, Roberta	Chepstow Harriers	Senior Ladies	9
120	0:37:00	SILVERTON, Ed	Sri Chinmoy AC	MV40	657
121	0:32:01	LYNCH, Graham	Lliswerry Runners	MV60	65
122	0:32:07	EVANS, Cheryl		Senior Ladies	22
123	0:32:08	DAVIES, Annette	FERC	LV45	111
124	0:32:09	PARSONS, Rhion		LV35	693
125	0:32:23	RICHARDS, Liz	Caerleon Running Club	LV40	61
126	0:32:34	HOWELL, Kim	Caerleon Running Club	LV50	103
127	0:32:42	CARRERA, Sonia		Senior Ladies	685
128	0:32:44	FRY, David		MV40	677
129	0:32:45	CARTER, Clive	Lliswerry Runners	MV50	86
130	0:32:50	CHAMBERLAIN, Garga	Sri Chinmoy AC	MV40	656
131	0:33:42	JONES, Sian	Caerleon Running Club	Senior Ladies	72
132	0:33:43	POWELL, Catherine		LV40	88
133	0:34:04	ROGAN, Rhys		Junior Men	696
134	0:34:28	RUSSELL, Jacqui		LV45	92
135	0:34:33	SHEEDY, Alison	Lliswerry Runners	LV45	97
136	0:34:58	BATTERSBY, Elisabeta	Chepstow Harriers	LV50	101
137	0:34:59	SMITHSON, Julie		LV40	89
138	0:35:01	STAMP, Tracey		LV35	94
139	0:35:04	FEAR, Vicky	Lliswerry Runners	Senior Ladies	10
140	0:35:10	WYBRANT, David	Lliswerry Runners	MV60	85
141	0:35:11	DAVIES, Ruth		LV45	689
142	0:35:14	ELVERS, Karen	Chepstow Harriers	LV35	115
143	0:35:19	YOUNG, Darren	Islwyn Running Club	Senior Men	63
144	0:35:25	WILLIAMSON, Stephen		MV55	87
145	0:35:28	FLANAGAN, Michael		Senior Men	690
146	0:35:40	WILKINSON, Bernadette	San Domenico	LV45	3
147	0:35:43	BEARDMORE, Marie Anne	Lliswerry Runners	Senior Ladies	14
148	0:35:53	FORSEY, Yvonne	Lliswerry Runners	LV50	688
149	0:35:54	CONROY, Annie	Les Croupiers	LV60+	691
150	0:36:10	SCRIVEN, Philip	Chepstow Harriers	MV40	46



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151	0:36:13	HOWELLS, Gwyneth	Caerleon Running Club	LV60+	49
152	0:36:15	EDGELL, Michelle	Hogweed Trotters	LV40	51
153	0:36:24	GREGORY, Anthony		MV40	697
154	0:36:42	GREGORY, John		MV55	698
155	0:36:50	JENKINS, Deborah	Caerleon Running Club	LV40	75
156	0:36:54	GRIFFITHS, Serena	Hogweed Trotters	LV45	34
157	0:38:04	BLADEN, Alan	Les Croupiers	MV70+	24
158	0:38:22	DAVIES, Julia	Lliswerry Runners	LV50	93
159	0:39:13	COLLISHAW, Ruth	Les Croupiers	LV60+	692
160	0:40:29	REDMAN, Anna	Lliswerry Runners	LV45	687
161	0:41:35	BURGESS, Ros	Lliswerry Runners	LV40	16
162	0:48:25	HARRIS, Ron	Lliswerry Runners	MV70+	700
163	0:48:27	HAY-HARRIS, Deborah	Lliswerry Runners	LV50	2