



Chepstow Harriers
Tintern Trot
Thursday, 1 July 2010. 7:30 pm

Sponsored by
Chepstow Physiotherapy Clinic
(www.chepstowphysio.com)

Position	Time	Name	Club	Category	Race Number
1	0:37:54	AGGLETON, Hugh	MDC	Senior Men	27
2	0:38:28	CREES, Stuart	Les Croupiers	Senior Men	139
6	0:40:07	COOKE, Andrew	Bristol & West AC	Senior Men	95
9	0:40:32	WILLIAMS, Ioan	UP Police	Senior Men	11
17	0:43:11	CROCKER, Matt	Portishead RC	Senior Men	96
19	0:43:26	HEWARD, Damian		Senior Men	107
21	0:44:02	HALL, Gareth	Lliswerry Runners	Senior Men	173
23	0:44:32	HOPKINS, Matt	Les Croupiers	Senior Men	30
29	0:45:15	WHATLEY, Craig		Senior Men	19
38	0:46:48	PHEASANT, Jamie		Senior Men	208
45	0:47:48	OST, Andrew	Chepstow Harriers	Senior Men	85
54	0:48:25	JOHNSON, Dean		Senior Men	111
64	0:49:08	COATES, Richard		Senior Men	4
66	0:49:30	WEST, Stephen		Senior Men	65
68	0:49:53	HODKINSON, Allan		Senior Men	29
74	0:50:19	CHIDWICK, Sam		Senior Men	191
83	0:51:19	HACKFORD, Henry		Senior Men	167
97	0:53:19	THOMAS, Andrew	Great Western Runners	Senior Men	198
112	0:54:52	NEWBY, Jonathan	Nailsea RC	Senior Men	156
115	0:55:10	NUTTALL, Liz	Nailsea RC	Senior Men	147
152	1:01:36	MORGAN, Hywel		Senior Men	92
155	1:01:46	WASHBROOK, Tim		Senior Men	153
157	1:03:05	CARR, Jordan		Senior Men	74
24	0:44:36	HARRIS, Sam	Chepstow Harriers	Senior Ladies	159
50	0:48:08	HODGELL, Cheryl	Les Croupiers	Senior Ladies	22
81	0:50:58	DAVIES, Liz		Senior Ladies	69
86	0:51:28	TOPALIAN, Jennifer	Les Croupiers	Senior Ladies	43
87	0:51:43	MCWILLIAMS, Emma	Mynyddu	Senior Ladies	6
118	0:55:33	WILLIAMS, Jo	Thornbury RC	Senior Ladies	152
123	0:55:46	PLACE, Sophie		Senior Ladies	73
129	0:57:07	RAMSEY, Alison	Hogweed Trotters	Senior Ladies	112
141	0:58:29	FINCH, Lauren	Chepstow Harriers	Senior Ladies	190
158	1:03:33	BARRETT, Ruth	San Domenico	Senior Ladies	100
173	1:19:04	MCCONNELL, Ruth		Senior Ladies	49

127	0:56:42	WOODBIDGE, Daniela	Griffithstown Harriers	LV35	183
135	0:57:22	AUSTERBERRY, Judith	Chepstow Harriers	LV35	84
140	0:58:21	KING, Helen	Town & Country Harriers	LV35	38
148	0:59:57	WILLIAMS, Clare		LV35	205
153	1:01:38	NURSE, Jemma	Les Croupiers	LV35	20
166	1:07:09	ELVERS, Karen	Chepstow Harriers	LV35	182
170	1:08:45	EVANS, Angela		LV35	3
56	0:48:30	MORGAN, Niki	Chepstow Harriers	LV40	42
62	0:49:04	SUMMERS, Louise	Chepstow Harriers	LV40	48
101	0:53:32	DANIELS, Peta	Lliswerry Runners	LV40	180
102	0:53:37	COMINS, Rebecca	Chepstow Harriers	LV40	98
133	0:57:20	MCBRIDE-STEWART, Sara	Les Croupiers	LV40	41
169	1:08:45	SHEPHERD, Suzie	Chepstow Harriers	LV40	1
57	0:48:40	PORTER, Lynnette	Bitton RR	LV45	33
98	0:53:22	ROWLAND, Rosina	Thornbury RC	LV45	72
128	0:56:48	PARK, Lynne	Forest of Dean A C	LV45	54
159	1:03:52	SHEEDY, Alison	Lliswerry Runners	LV45	70
161	1:03:57	SMART, Emma	Nailsea RC	LV45	77
167	1:07:40	WORD-JONES, Corrine	Griffithstown Harriers	LV45	150
172	1:13:03	REES, Wendy	Griffithstown Harriers	LV45	196
176	1:21:04	CARRIER, Judith	Griffithstown Harriers	LV45	194
18	0:43:13	NIXON, Ann	Forest of Dean A C	LV50	76
72	0:50:11	WADSWORTH, Jacqueline	Thornbury RC	LV50	71
79	0:50:36	SCHOLEY, Julie	Les Croupiers	LV50	185
90	0:52:12	WOODS, Sharon	Mynyddu	LV50	31
106	0:53:57	MILLS, Judy	Thornbury RC	LV50	145
163	1:04:14	FORSEY, Yvonne	Lliswerry Runners	LV50	36
107	0:54:05	DALLIMORE, Caroline	Les Croupiers	LV55+	56
138	0:57:51	FAGG, Catherine	Nailsea RC	LV55+	186
168	1:08:15	MURPHY, Gill	Les Croupiers	LV55+	47
175	1:21:04	THONGER, Dilwen	Griffithstown Harriers	LV55+	193

4	0:39:00	MURRIN, Paul	Chepstow Harriers	MV35	144
5	0:39:19	SMOULT, Robin	Llisbury Runners	MV35	93
7	0:40:08	DE THORPE MILLARD, Christopher		MV35	8
11	0:41:44	HURFORD, Matt	Les Croupiers	MV35	138
15	0:42:23	SCOTT, Rob	Les Croupiers	MV35	169
16	0:43:10	GIBBS, Tom	Chepstow Harriers	MV35	141
34	0:46:19	BEVAN, Richard		MV35	189
47	0:47:54	JONES, Alun	Les Croupiers	MV35	168
59	0:48:48	MOORE, David		MV35	176
88	0:51:52	COHEN, Leo	Chepstow Harriers	MV35	82
91	0:52:30	HOPKINS, Rob	Thornbury RC	MV35	67
99	0:53:23	CHIDWICK, Nathan		MV35	192
108	0:54:06	GREENE, David		MV35	209
109	0:54:07	CAMPBELL-KEMP, Lucien	Great Western Runners	MV35	197
111	0:54:10	HARDWELL, Darren		MV35	172
130	0:57:07	MASTERS, Lee	Hogweed Trotters	MV35	135
143	0:59:06	HOLLAND, Daniel	Chepstow Harriers	MV35	166
3	0:38:33	SIMMS, Stefan	Griffithstown Harriers	MV40	40
8	0:40:23	CARTER, Julian	Les Croupiers	MV40	58
14	0:42:05	SELF, Richard	Les Croupiers	MV40	140
22	0:44:09	LEWIS, Neil	Hereford Couriers	MV40	10
26	0:44:48	SLATER, Garry	Thornbury RC	MV40	66
27	0:44:55	STEEL, Martin	Forest of Dean A C	MV40	206
32	0:45:56	RUCK, Ian	Westbury Harriers	MV40	68
33	0:46:13	FLETCHER, James		MV40	184
35	0:46:37	GORMLEY, Gerard	Griffithstown Harriers	MV40	25
42	0:47:33	LAWSON, Matthew	Chepstow Harriers	MV40	53
46	0:47:53	LAWRENCE, Nigel	Parc Bryn Bach Running Club	MV40	83
53	0:48:23	KALUDER, Mathew		MV40	207
61	0:49:00	HALE, Ross	Bitton RR	MV40	32
65	0:49:24	MELHUIISH, Michael	Forest of Dean A C	MV40	86
75	0:50:19	CHRISTIE, Paul		MV40	177
94	0:52:49	WILLIAMS, Simon		MV40	195
96	0:53:14	GWILLIAM, Adrian	Fairwater Runners	MV40	178
110	0:54:08	SALANDY, Collin		MV40	199
114	0:55:02	MARRINER, Andy	UP Police	MV40	12
121	0:55:44	WATSON, Bob	FERC	MV40	62
125	0:56:20	NICHOLS, Phil		MV40	34
126	0:56:36	HOBBS, James		MV40	15
136	0:57:25	MCCALL, Allan		MV40	88
139	0:58:04	RUGG, Tom		MV40	203
146	0:59:37	DAVIES, Nick	Chepstow Harriers	MV40	201
154	1:01:39	NEW, Steve	100 Marathon Club	MV40	52
174	1:19:04	SCRIVEN, Philip	Chepstow Harriers	MV40	87

12	0:41:46	MARSHALL, Tony		MV45	157
13	0:41:51	VORRES, Dimitri	Griffithstown Harriers	MV45	137
20	0:44:00	GODDEN, Jim	Thornbury RC	MV45	23
36	0:46:42	SANSOM, Glyn	San Domenico	MV45	13
39	0:46:55	SPENCER, Andrew	Fairwater Runners	MV45	24
40	0:47:09	SHIELDS, Dominic	San Domenico	MV45	18
44	0:47:42	TURNBULL, Peter	Les Croupiers	MV45	55
48	0:48:03	LEACH, Walter	Forest of Dean A C	MV45	136
77	0:50:28	LOTT, Andrew	Llisbury Runners	MV45	61
80	0:50:48	JONES, Mike		MV45	21
82	0:50:59	THOMSON, Stewart	Griffithstown Harriers	MV45	188
84	0:51:21	REESE, Tim	Llisbury Runners	MV45	60
100	0:53:30	BOWIE, Richard	Fairwater Runners	MV45	174
105	0:53:55	NEALE, Peter		MV45	200
119	0:55:34	WILLIAMS, Mark		MV45	151
131	0:57:09	SUMMERS, Robert	Chepstow Harriers	MV45	179
137	0:57:48	HART, Robert		MV45	89
147	0:59:42	TRUMPER, Jeremy		MV45	143
150	1:00:18	DENNANT, Richard		MV45	202
160	1:03:54	GEORGE, Andy	Chepstow Harriers	MV45	90
162	1:04:04	MCCANN, Dermot	Nailsea RC	MV45	79
10	0:41:42	DAVIES, Steve	Griffithstown Harriers	MV50	39
25	0:44:45	SAUNDERS, Mark	Islwyn Running Club	MV50	97
28	0:45:03	LINDEN, John	Forest of Dean A C	MV50	149
30	0:45:17	CAVENEY, Terry	Les Croupiers	MV50	161
51	0:48:10	OSMOND, Clive	Les Croupiers	MV50	51
52	0:48:11	OWEN, Stephen	Les Croupiers	MV50	155
55	0:48:28	STOTT, Andy	Chepstow Harriers	MV50	181
76	0:50:23	WALLIS, Clifford	Nailsea RC	MV50	78
93	0:52:44	STORRAR, Jim	Forest of Dean A C	MV50	142
95	0:53:01	MCENTEE, Kevin	Chepstow Harriers	MV50	164
113	0:54:58	HARLING, Joe	Vegan Runners	MV50	14
116	0:55:12	PIERPOINT, Nick	Tring Running Club	MV50	16
117	0:55:14	WILLIAMS, Stephen	Les Croupiers	MV50	170
122	0:55:45	HISCOX, Ian		MV50	64
124	0:56:18	DOW, John	Forest of Dean A C	MV50	162
132	0:57:11	WILLOCK, Andy	Chepstow Harriers	MV50	204
149	1:00:16	COVINGTON-JONES, Peter	Forest of Dean A C	MV50	99
31	0:45:45	BURKE, Wilf	Thornbury RC	MV55	91
37	0:46:43	MURPHY, Mike	Les Croupiers	MV55	46
41	0:47:29	DALLIMORE, Nick	Les Croupiers	MV55	57
58	0:48:44	LEWIS, Paul		MV55	5
60	0:48:56	SHORT, Peter	Forest of Dean A C	MV55	210
63	0:49:07	MALLONE, John	Nailsea RC	MV55	50
67	0:49:49	O'SHEA, John	Les Croupiers	MV55	45
69	0:49:55	DURSLEY, Paul	Llisbury Runners	MV55	59
70	0:50:00	GRANT, Neil	Chepstow Harriers	MV55	2
71	0:50:03	HARGREAVES, John	Great Western Runners	MV55	17
73	0:50:14	KENT, Howard	Les Croupiers	MV55	28
78	0:50:30	DAY, Paul	Llisbury Runners	MV55	75
85	0:51:24	ASHWORTH, Chris	Thornbury RC	MV55	146
92	0:52:39	DONNAN, Graeme	Les Croupiers	MV55	37
104	0:53:49	MAINSTONE, Peter	Thornbury RC	MV55	165
144	0:59:14	HALE, Nigel	Thornbury RC	MV55	44
151	1:00:33	FAGG, Andy	Town & Country Harriers	MV55	187
43	0:47:38	BROWN, Peter	Town & Country Harriers	MV60+	154
49	0:48:07	TOONE, Richard	Nailsea RC	MV60+	80
89	0:52:03	FINCH, Dick	Chepstow Harriers	MV60+	26
103	0:53:47	ASTON, Jeff	Les Croupiers	MV60+	81
120	0:55:36	ATTWOOD, Howard	Llisbury Runners	MV60+	35
134	0:57:21	EVANS, Pete		MV60+	148
142	0:58:53	ANDREWS, Dave	Chepstow Harriers	MV60+	163
145	0:59:32	BROWN, Rob	Chepstow Harriers	MV60+	160
156	1:02:25	GILES, David	Town & Country Harriers	MV60+	171
164	1:06:18	JONES, Rod	Les Croupiers	MV60+	175
165	1:06:49	HUGHES, George		MV60+	94
171	1:11:43	KING, Michael	Nailsea RC	MV60+	7

9		BRAY, Andy	Chepstow Harriers	MV50	
63		HAVERS, Roberta	Chepstow Harriers	Senior Ladies	
158		MOONE, Chris	Forest of Dean A C	MV55	